



ESTHETIC INLAY ONLAY  
OVERLAY

**DR. JÚLIA NEMES**

# INDIRECT RESTORATION

## Cast metal

Gold 22 karat

Gold alloy

gold-platinum

Silver-Palladium

Esthetic

ceramik

composit

metal-ceramik

gold-ceramik

# Requirement

## Adhesive-technic and Rubber dam isolation

### Indication

- ◆ Esthetics
- ◆ Size of the defect
- ◆ Oral hygiene
- ◆ Root canal obturation
- ◆ Cusp fracture

### Contraindication

- ◆ Haevy occlusal forces
- ◆ Deep subgingival preparation
- ◆ Small tooth crown, big pulp-chamber
- ◆ Cusp incline is steep(?)

## ADVANTAGE

- ◆ Polymerisation shrinkage
- ◆ Physical properties
- ◆ Control of contact-point, and contour
- ◆ Biocompatibility

## DISADVANTAGE

- ◆ Number of appointment
- ◆ Cost, and time
- ◆ Technique sensitivity
- ◆ Brittleness of the material

# Type of CERAMIK indirect restoration according to the manufacturing process

## 1. (Feldspatic porcelain) or Fired porcelain:

Optec

Inlay, fired on refractory die (master die)

## 2. Glass-ceramik

„Lost-wax“ casting process

Dicor, Ceraperl (casted)

Empress (pressed) (not centrifugated)

## 3. CAD/CAM System: Computer Aided Design/Computer Aided Manufacturing 1986 Cerec (optical impression)

## Type of composit inlay according to the manufacturing process

- ◆ **Direct method:** inlay is made into the mouth. Preparation, isolation of tooth, modelling, light-polymerisation, remove from the tooth, and second polymerisation (light+heat+pressure)
- ◆ **Semi-direct method:** (chair-side): not in lab, but next to the chair, but not into the mouth! Preparation, impression, but impression stay in office.
- ◆ **Indirect method:** Inlay is made in lab.

# Type of **composit** inlay

## 1. **First generation Laboratory Composit Resin:** 1986

Isosit 1986 (inhomogen mikrokomposit)

low flexural strength(60-80 MPa),

low resistance to wear, low % of inorganic filler

## 2. **Second generation Laboratory Composit**

**Resin:**(mikrohybrid kompozit, nanohybrid kompozitok), filled polymers, polymer glasses...

ArtGlass,Colombus, Belleglass Filtek Z 500,

Gradia:

f.s:120-160MPa, Filler:70-80% or more, different in form,size

# Decision!

Indication, Contraindication, Advantage, Disadvantage

## Cavity preparation

In the rules of **preparation** are **small differences** in case of **ceramic** and **composit** indirect restoration, therefore we speak about the preparation together!

The **technics** follow the general rules of the cast metall restoration. Primer (initial) preparation (occlusal, proximal), secundar (final) preparation

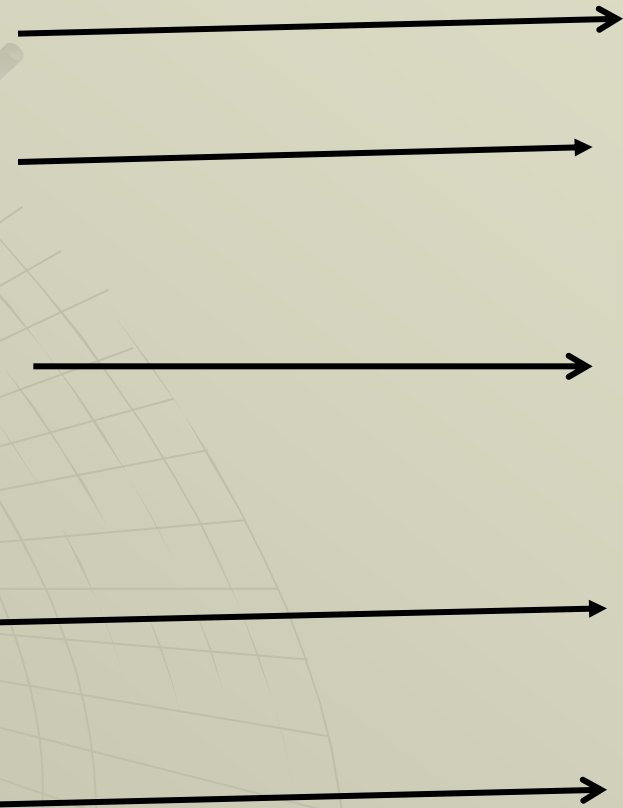


# Consideration of making inlay

## Metal inlay

- ◆ Most cases we have to remove more toothstructure.
- ◆ We can not leave big undercuts into the cavity.
- ◆ The contact with the neighbouring tooth has to be eliminate. (minimum distance of 0,5mm)
- ◆ The direction of place in is important. Orientation of the bur! MOD
- ◆ The contact with the antagonist tooth may not be at the cavosurface margin of the inlay.

## Esthetic inlay



## Rules of making esthetic inlay

- ◆ The retention is not the friction . The retention is **microretention! (Difference in luting material!)**
- ◆ The **cavosurface margins are not beveled!**
- ◆ **Avoid strong line angle and point angle**
- ◆ **„Secondary Retentionelement“** are not or rare used.

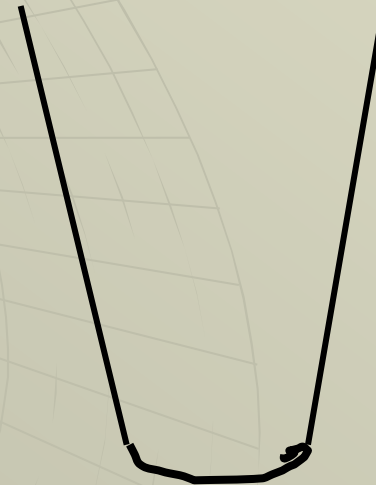
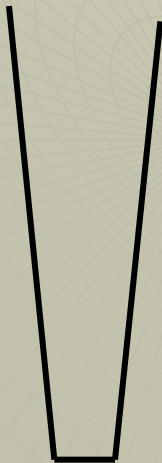
# Primer (initial) preparation

- ◆ **Instrument:** Speed, Handpiece, bur  
Tapered fissure bur (hard metal or diamond)  
with slightly rounded angles

**Conicity:**

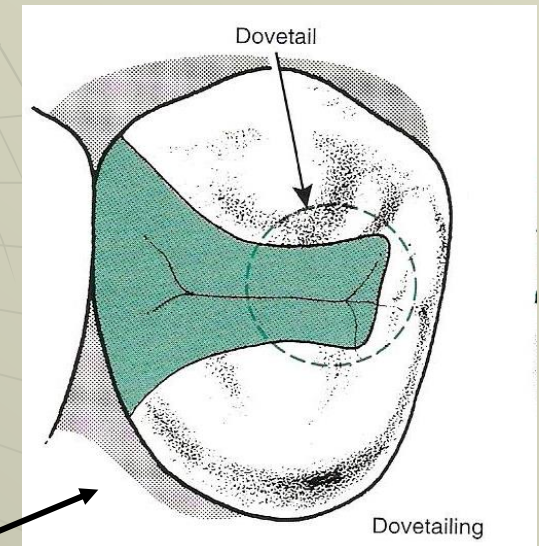
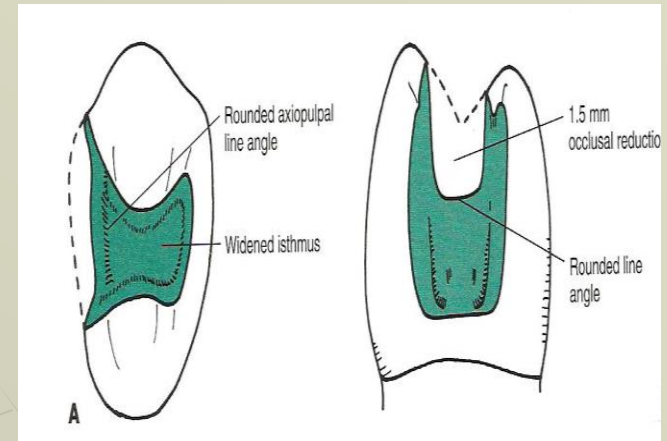
cast metal inlays 3-5°

**esthetic inlay 6-10°**



# Primer (initial) preparation for esthetic inlay

- ◆ **Depth:** of the cavity is 1,5- 2 mm.
- ◆ **Width:** The occlusal extension is more.
- ◆ **Isthmus** is wider
- ◆ **Walls:** have to diverge in occlusal direction, more than in case of cast metal inlay **6-10°**.
- ◆ **Line and point angles** are rounded more.



Cast metal

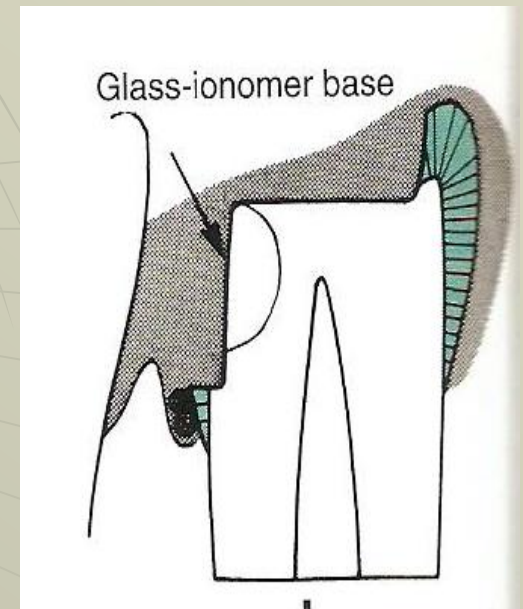
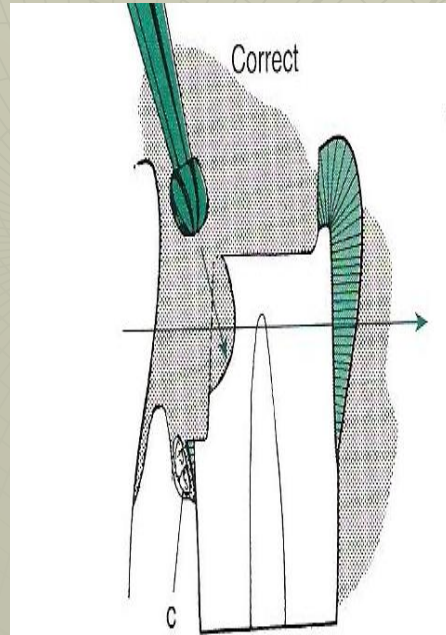
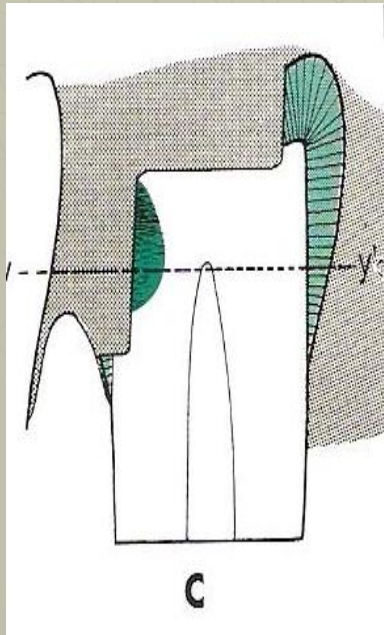
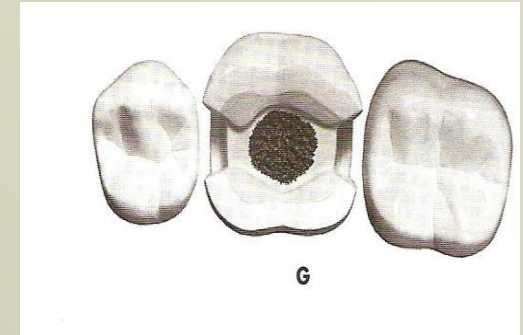
## Final (secondary) Preparation

- ◆ Removal of any remaining infected dentin and/or old restoration and Pulp-protection
- ◆ Preparation of cavosurface margins. **Different**
  - in occlusal cavity ( at about  $90^\circ$ )
  - in proximal cavity
    - on the vestibulo-oral walls ( $60^\circ$ )
    - on the gingival walls (straight)
- ◆ Finishing the walls

# Final (secondary) preparation

Removal of any remaining infected dentin and/or old restoration and Pulp-protection

With round metalbur (hard or steel)  
(Calcium-hydroxid )+ Glassionomer



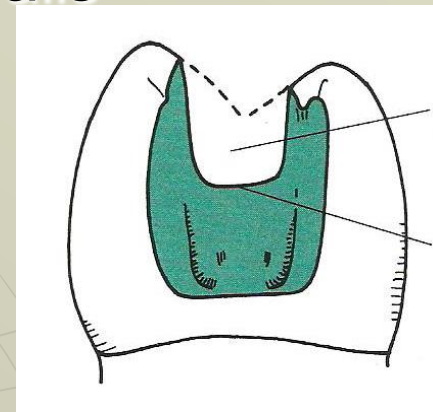
# Final (secondary) preparation for esthetic inlay

Preparation of **occlusal** cavosurface margins.

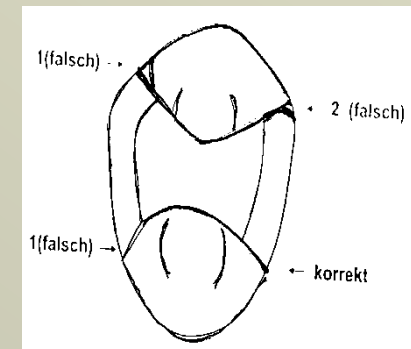
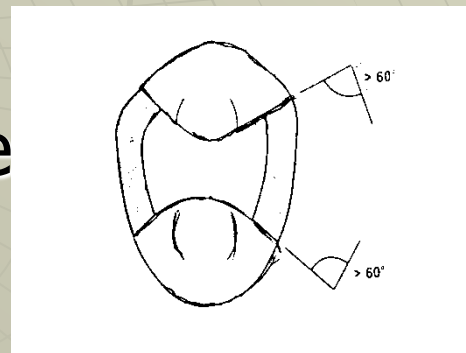
Preparation of **proximal cavosurface margins**

on the vestibulo-oral walls

- **Occlusal** cavosurface margins  
enamel at about **90°**  
**No bevelling!**



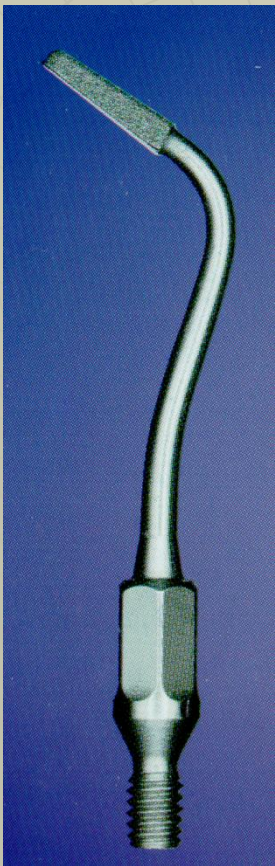
- **Proximal** cavosurface margins  
enamel at about **60°**



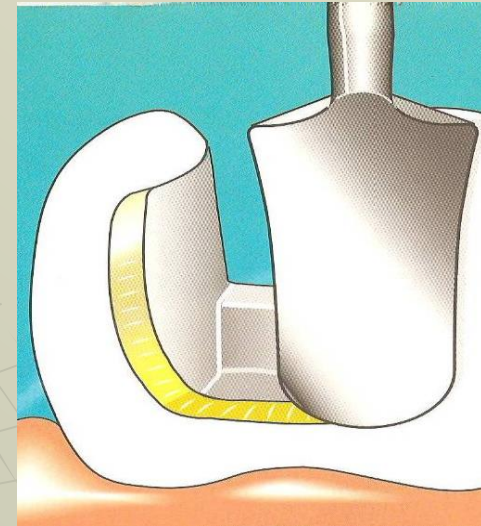
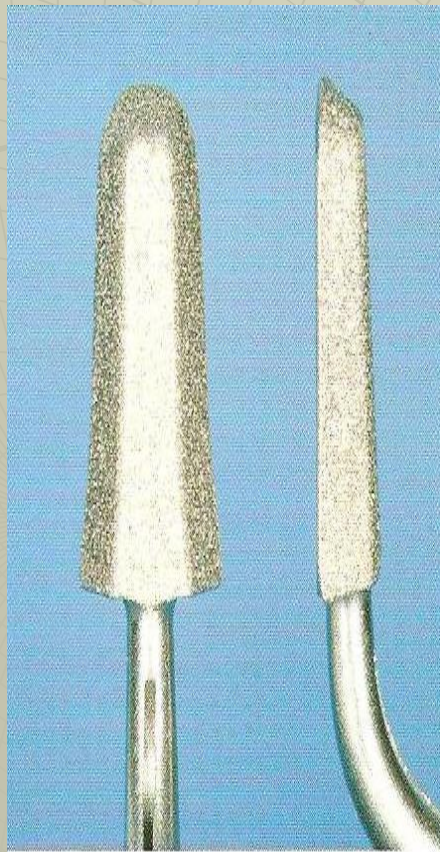
Final (secondary) preparation

Preparation of proximal cavosurface margins on the  
buccale, linguale walls.

**SONICflex 60°**



KaVo



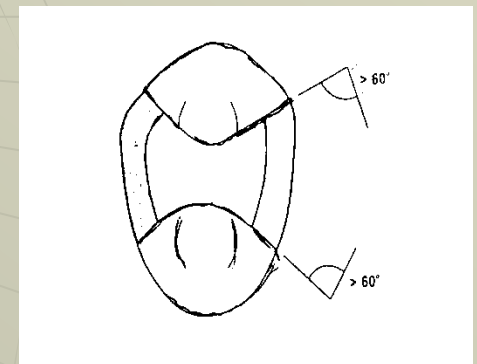
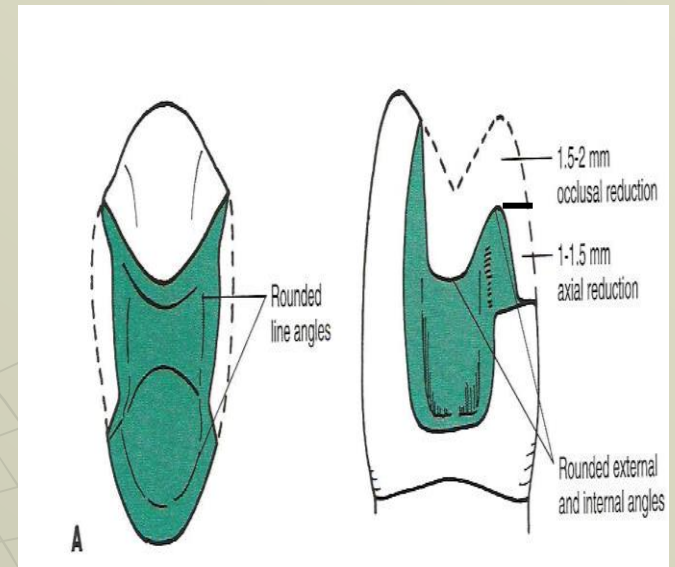
the proximal cavosurface  
margins **60°**, the gingival  
cavosurface margin **75°**

The laterale and gingivale  
surfaces are rounded.



# Preparation for esthetic onlay/overlay

- Cusp reduction: 2 mm
- No counterbevels or reverse bevel preparation
- Axial reduction : 1-1,5 mm
- Shoulder: without beveled
- Proximal preparation:  $60^\circ$



## **The steps of making esthetic inlay /indirect method/**

1. Shade selection, Preparation
2. Impression, Temporary filling
3. Tray-in
4. Cementation
5. Finishing, polishing

## 2. Impression, temporary filling

What kind of impression?

What kind of temporary filling?

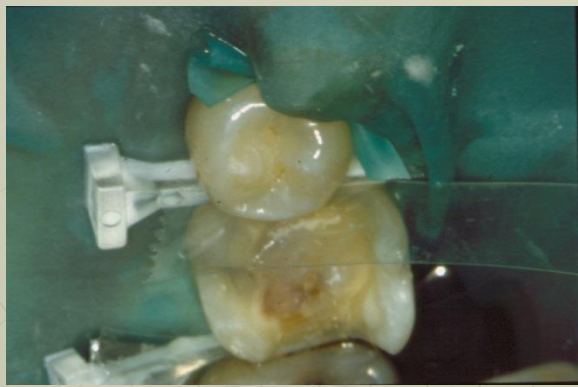
### 3. TRAY-IN WITHOUT PRESSURE

- check the **cavosurface margin** and
- check the **proximal contact**



**NO OCCLUSAL  
KONTROLLE !**

- wax (weaker)
- adhesive (stronger)



#### 4. Fixation of inlay (cementation) /adhesive insertion /

### Mikromechanical retention!

- **Isolation:** (absolut) rubber dam, plastic matrix strip, wedges, dental floss;
- **Preparation of inlay:** (inner surface)  
depends on : ceramic or composit
- **Preparation of tooth:**  
depends on the specific luting system  
(acid etching, priming, bonding) setting!?
- **Insertion of inlay: with resin cement**

# LUTING AGENT

(in case of esthetic restoration)

Nowdays: always (**COMPOSIT**) **RESIN** cement

## **-Viscositi:**

- low-viscositi composit with konventionelle technic
- high-viscositi composit with USI or SI  
vibration can change the viscositi  
(ultrasound or sound tecnic) without water

## **-Setting: dual curing!**

Glycerin-gel: for covering the surface of luting komposit!  
Oxigen disturbs the polymerisation of the last layer of komposit

# Preparation of tooth:

depends on the specific luting system

1. „Etch-and rinse“ (total) bond + resin cement (dual-cured bond)

(RelyX ARC)

2. „Self-etch“ bond + resin cement (Panavia F)  
(dual cured bond)

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3. „Self-adhesive“ resin cements (self adhering cements used without application of any adhesive system)  
(SmartCem, RelyX Unicem G-Cem)

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J.Prost.Dent. 2009. -312.

# Preparation of ceramic inlay

-Sandblasting in the laboratory

-**HF acid** : for fired ceramic

1-2 minutes for the inner surface of inlay

remove with water

Concentration of HF acid:4-10 %

-**Ammoniumbifluorid**: 10 % remove with water

Glas ceramic

Dicor, Empress

-**Silan**: helps the contact between the ceramic and luting cement (ceramic-**silan**-resincem-**bond**-tooth)



# Preparation of composit inlay

- ◆ This can be different depending on the used composit material
- ◆ Roughened the surface
- ◆ Sandblasing in the laboratorium
- ◆ HF acid: Belleglass
- ◆ Not HF acid: Gradia

## 5. finishing, polishing

### Checking the occlusion now!

When, and how to remove the excess luting material?

#### Finishing:

- fine grit diamant instrument (yellow, white)
- 16-30-40 fluted carbide burs

#### Polishing:

- rubber
- polishing paste

## Accuracy of inlay

The weakest point of inlay is the cavosurface margin

- ◆ Cast metal: 20-50  $\mu\text{m}$
- ◆ Ceramic: 40-80  $\mu\text{m}$
- ◆ Composit: 40-100  $\mu\text{m}$



# Adhesivtechnik and Rubberdam-application

